

# October

2018

## Young Scholars Learning Academy

## Snack Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <b>AM</b> – Cereal Bar & Milk <b>PM</b> –Cheez-Its & Fruit Snacks	2 <b>AM</b> –Bagels & Cream Cheese <b>PM</b> - Carrots w/ Ranch & Crackers	3 <b>AM</b> – Graham Crackers & Applesauce <b>PM</b> – Pretzels & String Cheese	4 <b>AM</b> – Tortilla with Jelly & Juice <b>PM</b> – Goldfish & Pineapple	5 <b>AM</b> – Yogurt & Cereal <b>PM</b> – Crackers & Mixed Fruit	6
7	8 <b>AM</b> – Cheerios & Mixed Fruit <b>PM</b> – Carrots w/ Ranch & Crackers	9 <b>AM</b> – Cottage Cheese & Pretzels <b>PM</b> – Veggie Straws & Raisins	10 <b>AM</b> – Life Cereal & Yogurt <b>PM</b> – Chips & Cheese	11 <b>AM</b> – Bread & Jelly <b>PM</b> – Goldfish & Fruit Cocktail	12 <b>AM</b> – Cereal Bar & Milk <b>PM</b> –Cheez-Its & Fruit Snacks	13
14	15 <b>AM</b> – Cereal & Milk <b>PM</b> – Crackers & Cheese	16 <b>AM</b> - Cottage Cheese & Pretzles <b>PM</b> - Pudding & Graham Crackers	17 <b>AM</b> - Cereal Bar & Milk <b>PM</b> - Cheez-Its & Craisins	18 <b>AM</b> – Bagels & Cream Cheese <b>PM</b> – Goldfish & Mixed Fruit	19 <b>AM</b> – Life Cereal & Yogurt <b>PM</b> – Veggie Straws & String Cheese	20
21	22 <b>AM</b> – Yogurt & Cereal <b>PM</b> – Crackers & Mixed Fruit	23 <b>AM</b> – Bread with Jelly & Milk <b>PM</b> – Chips & Cheese	24 <b>AM</b> – Tortilla with Jelly & Juice <b>PM</b> - Goldfish & Pudding	25 <b>AM</b> – Cereal Bar & Milk <b>PM</b> – Applesauce & Graham Crackers	26 <b>AM</b> – Cheerios & Mixed Fruit <b>PM</b> – Carrots w/ Ranch & Crackers	27
28	29 <b>AM</b> – Cottage Cheese & Pretzels <b>PM</b> – Chex Mix & Raisins	30 <b>AM</b> – Tortilla with Jelly & Juice <b>PM</b> – Goldfish & Pineapple	31 <b>AM</b> – Graham Crackers & Applesauce <b>PM</b> – Pretzels & String Cheese	1 <b>AM</b> –Bagels & Cream Cheese <b>PM</b> - Carrots w/ Ranch & Crackers	2 <b>AM</b> – Cereal Bar & Milk <b>PM</b> –Cheez-Its & Fruit Snacks	3